

# Epilepsy

9 Who Were Healed



From the Edgar Cayce Readings

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## Introduction

“Again we would insist that we have asked that it be taken as a study, as a thing or condition in the experience of mankind - that this organization may give much to the world on one particular disturbance that has baffled the wise and the foolish. This study on that called epilepsy - for THREE YEARS! And you will be undefeatable!” 254-82

Still in trance at the end of a “work” reading given to guide the A.R.E. as an organization, Edgar Cayce volunteered the above statement without any prompting. It was 1935 and Cayce’s source was urging them on, saying,

“It’s often stated that the work IS a research and enlightenment program; but how much research have you done?” 254-81

“*Again we would insist....*”, quite a strong urging! But it holds the promise of relief from a condition that brings misery to many.

In all, Cayce gave 269 readings to 97 people indexed under the heading of “epilepsy.” I read most of them in my quest to help my daughter who *had* suffered with it for eight years. What encouraged me the most, besides the comfort the first castor oil pack<sup>1</sup> brought her, was that there had been at least 9 people reporting they were cured, giving credit in part or in whole, to the psychic readings they had received from Edgar Cayce.

Their stories are what follow. Selections from the readings given to those people and their edited reports speak for themselves. Order is predominantly by age. Words in **bold** print were especially meaningful to me.

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<sup>1</sup> See “References & Resources” for more information about castor oil packs and books on its healing abilities.

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1. Case [2473]:

A 5-year-old girl. She received more than one reading but none were transcribed. The reports were from her father, mother and sister. This is one instance where the person's name was available, in addition to a case number; because the family wanted others to know of Cayce's gift and the help they had received for their little girl.

12/12/1902 Aimee L. Dietrich was given her first reading by Edgar Cayce when she was nearly 5 years old and he was 25. She first developed seizures when she was 2 years old with "an attack of La Grippe" (the flu). After following the suggestions in her readings, Aimee was seizure-free for approximately 14 years. Her sister reported there was a recurrence during college, but again she was healed, this time through her faith. It is evident that she received at least two healings but still died at a young age.

A *New York Times* article<sup>2</sup>, dated 10/9/1910, was written about Dr. Wesley H. Ketchum's experiences with Cayce and mentions this little girl's initial cure.

10/8/1910 Father's sworn affidavit:

"Aimee L. Dietrich, born January, 7th, 1897, at Hopkinsville, KY, was perfectly strong and healthy until Feb. 1899, when she had an attack of La Grippe, followed by two violent convulsions, each of twenty minutes duration. Dr. T. G. Yates, now of Pensacola, Florida, was the attending physician. Convulsions returned, at irregular intervals, with increasing severity. She would fall just like she was shot; her body would become perfectly rigid, the spells lasting from one to two minutes.

This went on for two years, or until she was four years old. At this time, she was taken to Dr. Linticum and Dr. Walker, also of Evansville. They said a very peculiar type of nervousness was all that ailed her and proceeded to treat her accordingly, but after several months' treatment, with no results, the treatment was stopped.

In a few months, Dr. Oldham [D.O.]<sup>3</sup> of Hopkinsville, KY, was consulted and he treated her three months, without results. Later he took her for four months more treatment, making seven months in all, but without results.

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<sup>2</sup> The complete article is available in the Cayce readings under: "Reports of Reading 294-1 M 33."

<sup>3</sup> Doctor of Osteopathy

**She was now six years old and getting worse, had as many as twenty convulsions in one day**, her mind was a blank, all reasoning power was entirely gone.

March 1st, 1902, she was taken to Dr. Hoppe of Cincinnati, who made a most thorough examination. He pronounced her a perfect specimen physically, except for the brain affliction, concerning which he stated that only nine cases of this peculiar type were reported in Medical Records, and every one of these had proved fatal. He told us that nothing could be done, except to give her good care, as her case was hopeless and she would die soon in one of these attacks.

At this period our attention was called to Mr. Edgar Cayce, who was asked to diagnose the case. By autosuggestion, he went into a sleep or trance and diagnosed her case as one of congestion at base of the brain, stating also minor details. He outlined to Dr. A. C. Layne [D.O.], now of Griffin, GA., how to proceed to cure her. Dr. Layne treated<sup>4</sup> her accordingly, every day for three weeks, using Mr. Cayce occasionally to follow up the treatment, as results developed. Her mind began to clear up about the eighth day and within three months she was in perfect health, and is so to this day. This case can be verified by many of the best citizens of Hopkinsville, KY. And further deponent, saith not.”

10/9/1910 Part of the *N.Y. Times* article titled: “Illiterate Man Becomes A Doctor When Hypnotized: Strange Power Shown by Edgar Cayce Puzzles Physicians”

“Dr. Wesley H. Ketchum is a reputable physician of high standing and successful practice in the homeopathic school of medicine..... ‘One case, a little girl, daughter of a gentleman prominent in the American Book Company of Cincinnati, had been diagnosed by the best men in the Central States as incurable. One diagnosis from my man completely changed the situation, and within three months she was restored to perfect health, and is to this day.’ ”

10/17/1910 Mrs. Dietrich's (Aimee's mother) letter in reply to an inquiry about the truth of the article:

“Dear Madam:

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<sup>4</sup> See “Summary” and “References & Resources” for information regarding osteopathic treatments.

I would say to you, that every word in the clipping you enclosed is true, except that our little girl was SIX instead of EIGHT years of age when the cure was affected. ... Mr. Cayce is NO fake.

I am sincerely yours..."

1/20/1959 Finally, a letter from Aimee's sister, Lois D. Freeman, to Hugh Lynn Cayce:

"Dear Mr. Cayce:

...I shall be happy to comply with your request for information on the life of Aimee Dietrich. .... Aimee L. Dietrich, 6 years old, pronounced a hopeless case of epilepsy, improved rapidly after a reading by Edgar Cayce and treatment by Dr. A. C. Layne. In three weeks time she was able to sit up in a chair and cut out pictures. She entered school the following year, attending schools in Hopkinsville and Winchester, KY. She graduated second in her class from Winchester High School, and entered the University of Kentucky in 1916.

A year or two later the convulsions recurred and medical treatment was ineffective. She became interested in Christian Science and had a healing experience. She reentered the U. of Kentucky and graduated with honors in 1930 or 1931. In 1933 she suffered a severe case of influenza from which she never recovered. Glandular tuberculosis developed and she passed away on March 20, 1934, at the age of 37."

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## 2. Case [2991]:

A 15-year-old boy who received two readings.

5/8/1943 Mother gave background information and was present for the first reading:

"3 yrs. ago had convulsions for the first time, then last fall - day before Thanksgiving had 8-10 convulsions; again the other day had one while

riding his bicycle - went a block and a half without memory before falling. Except for this apparently normal and healthy, with exception of trouble with kidneys all his life [bedwetting], and a continual pimply face.”

1<sup>st</sup> reading was dated 5/8/1943. Cayce stated the problem originated in the lacteal glands and now was affecting the medulla oblongata at the base of the brain and had caused a lesion in the area of the 1<sup>st</sup> and 2<sup>nd</sup> cervical. But he then gave:

“We find that diet will be among the principal conditions to be reckoned with, but taking a fusion of the Passion Flower<sup>5</sup>, with the adjustments and a gentle massage<sup>6</sup> to cause the body to ABSORB the lesion in the 1st and 2nd cervical, as well as to break up that one in the lacteal duct center<sup>7</sup> and absorb it, MAY prevent the recurrent conditions of this nature.

It will require time and patience. There may be some recurrence. These conditions may alter, or come when there are the alterations; but have this correction made before puberty is complete, else we may have a continuation of these conditions.” 2991-1

#### REPORTS OF READING 2991-1

5/23/1943 Letter from [2991]’s Aunt:

“It might interest you to know that Dr. Rathbun [D.O.] found the lesion in [2991]’s back that the reading mentioned. He’s going to be convinced some day, I think, in spite of himself. He is cooperative, though, which is a great help, and religiously follows the treatments prescribed.”

8/11/1943 Letter from [2991]’s Aunt:

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<sup>5</sup> An herbal remedy Cayce frequently recommended for people with epilepsy. It was to be used, sometimes in addition to, but mostly to reduce or prevent the need for, antiepileptic medication(s) when *all* of the suggestions were being followed. See reading 543-20 for Cayce’s suggestion of using both medication *and* this herbal remedy. Available through Baar Products. See Footnotes #8 and #9 and “References & Resources.”

<sup>6</sup> See “References & Resources” regarding spinal massage patterns.

<sup>7</sup> See “References & Resources” for definitions of the lacteal area.

“My nephew, [2991], is coming along fine - he almost had another convulsion a few weeks ago - all indications pointed toward one for a couple days - but he managed to pull through without it, so we're all in hopes he won't have any more. Dr. Rathbun says the lesion in his back has softened up so much that he doesn't believe [2991] will have any more, that the pressure has been relieved sufficiently to prevent any more convulsions.”

2<sup>nd</sup> reading was dated 10/14/1943. Follow-up suggestions were given for the osteopath who had been treating [2991]:

“Do keep the area about the lacteal duct loosened more. **The adhesions there have not been entirely broken up.** As indicated, use more of the Oil Packs and then, not too deep, massage sufficiently - as well as keeping the corrections in the upper cervicals - to break up those lesions there; **and we will not have further trouble with these spasmodic reactions.**” 2991-2

3/30/1946 Copy of report sent by mother concerning [2991] to Dr. Henry George, III<sup>8</sup>:

“When he was twelve years old, he had a severe convulsion; another in November, 1942, and another in May, 1943. Physicians attributed the condition possibly to his age, with the possibility of his outgrowing it after he passed through puberty, and prescribed luminal to control the convulsions.

The readings called for a Passion Flower fusion, osteopathic treatments, with castor oil packs, and a very strict diet. The **instructions were followed, with noticeable improvement in the boy's general condition, and no recurrence of the convulsions.**

In October 1943, a check reading was obtained, as the series of osteopathic treatments mentioned had been completed, and it was desired that further instructions be given. This **recommended continued osteopathic treatments,** and a slight modification of the diet.

Before the time mentioned of an additional eighteen months had expired, the osteopath had assured the boy that he felt sure there would be no danger of any recurrence of the convulsions. His general health was good, no

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<sup>8</sup> Dr. Henry George, III wrote a review about [2991] and his cure in the 11/1946 A.R.E. BULLETIN, Vol. XV No. 3. This is also available in the readings under REPORTS OF READING 2991-2 M 15.

further convulsions had occurred, and the osteopath could find no lesions in the back or difficulty in the lacteal duct area.

.... This boy, now eighteen years old, has just joined the navy and passed their physical examination. I think this case could be considered a complete cure.”

2/19/1954 Verbal report from a friend of the family:

“[2991] wet the bed from the time he was born, and was still wetting the bed when I first knew him at the age of 14. ... The family doctor (cousin of the father) said he had epilepsy, and said nothing could be done for him but to give him belladonna, and in all probability the attacks would increase as he became older... ..in desperation the mother decided to ask me to ask Mr. Cayce for a reading.

I believe the reading was followed as closely as it was humanly possible for it to be done correctly. He never had another attack. He then in due course went into the Navy. When he came out he married and has a daughter. He has now taken a position with the ... Company. It's my opinion that the suggestions given in the reading were followed over a period of about a year. He's a different person now. All of his troubles cleared up, and he is now a happy, well adjusted young man.”

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### 3. Case [571]: and 4. Case [561]:

Both children in this family were experiencing seizures.

[561] was 16 years old when he first had a reading for epilepsy. He had been having them for two years. Shortly after his first reading, one was requested for his younger sister, [571], then 12 years old. I would assume if this were happening today the children would be tested for an epilepsy gene.

#### BACKGROUND OF READING 571-1 F 12

5/28/1934 A reading had been obtained for her older brother. Now the mother was noticing similar “attacks” in [571], except

that [571] would always have hers at night or early morning before arising, followed usually by a headache.

1<sup>st</sup> reading for [571] was dated 6/4/1934. She was 12 years old. Cayce described the cause and its effect on her body:

“These have to do with the coordinations in the eliminating systems, and produce in the nerve forces of the body a rush of blood to portions of the body, cutting off the reflexes to the head; thus producing the contraction and spasmodic conditions .... **...had their inception in a type of fever** that was contracted by the body at some times past - which affects the glands and the secretions from same, causing this disorder.” 571-1

Recommendations were simple; an herbal fusion made from Maypop or Mayblossom, or Passion Flower vine and blossom (all were interchangeable), a weekly massage, and a wholesome diet avoiding sweets. A follow-up reading was to be requested in *2 months*. Results to be expected?

“Do this, and we will bring for this body, [571], NORMAL conditions.. ...Without this, to be sure, there may be produced such strains in organs or the nerve forces as to become a constitutional condition.” 571-1

#### REPORTS OF READING 571-1 F 12

7/9/1934 Mother's comment:

“[571] is off Luminal<sup>9</sup> altogether, only using the Maypop prescription. The attacks are farther apart and less severe. Dr. ... (M.D.) was interested in her reading, **said Maypop was an old-time remedy.**”

9/1/1934 Mother reported that [571] was getting on fine. She had not had any more attacks and her general condition was greatly improved.

9/26/1934 Mother phoned in a.m. to say that [571] had several attacks last night, the first in 2 months. She was worried and thought it was time for a check reading.

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<sup>9</sup> A brand name for Phenobarbital, an antiepileptic medication.

2<sup>nd</sup> reading was given that same day, (3½ months after the 1<sup>st</sup>).  
Three questions and answers summarize the reading.

“(Q) Just what caused the three attacks last night?

(A) Read just what has been given! Indiscretion {with the diet}, poor elimination, changes coming about; and a reaction.

(Q) Should all the treatment as given be continued in the same method?

(A) We would continue the Bitters<sup>10</sup>, and now relax the body {through osteopathic adjustments} in the areas given; being discrete regarding the eliminations and the diets.

**(Q) Can anything be done at the time to relieve the convulsions?**

(A) **Ice at the back of the neck will relieve<sup>11</sup>**. But she mustn't have any more, or very slight - if any. These may come about those periods. DO NOT resort to sedatives!” 571-2

#### BACKGROUND OF READING 571-3 F 15

1/8/1938 Mother reported that [571] was greatly helped so long as the suggestions in the 2<sup>nd</sup> reading were followed. Recently, however, “the spells” had returned and seemed to be worse.

3<sup>rd</sup> reading took place 1/8/1938. [571] was now 15 years old. Recommendations at this time were for castor oil packs, osteopathic adjustments, and to continue with the Passion Flower fusion (not on the same days as the packs) and a healthy diet.

“And be mindful of the diets! Not too much sweets, ever. Not raw apples. No bananas, ever. No fried foods at any time.” 571-3

Other advice given (good for *anyone* working with the remedies):

“Keep optimistic. Know that these are not taken just to be gotten through with, but see them consciously DOING and

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<sup>10</sup> This is an abbreviation for Maypop or May Blossom Bitters.

<sup>11</sup> **This worked repeatedly for my daughter!** It is a safe and simple method to begin putting the remedies into practice. The Vagus Nerve Stimulator might also work along these lines, when it does work, relieving without curing. Indirectly Cayce was suggesting the same thing by using ice *50 years earlier*.  
<http://efa.org/answerplace/vns/work.html>

ACCOMPLISHING that as will eliminate the causes of the disturbances.” 571-3

4<sup>th</sup> reading was 12/21/1939. [571] was 17-years old. “...slight return occasionally of same spasmodic condition.”

The reading stated “conditions in many respects are much better than when we had this body here before,” but the colon and lacteal area needed attention. Castor oil packs and olive oil by mouth (the evening of the packs) were to be followed by:

“...osteopathic adjustment for the stimulating of the ganglia center from which the appendix obtains its impulse, see? .... And then be very mindful there is a full evacuation of the alimentary canal each day. And these disturbances will disappear.” 571-4

#### REPORTS OF READING 571-4 F 17

9/1940 Oral report to Gladys Davis by mother:

“Discontinued Luminal from the first reading and gave Mayblossom Bitters instead. Attacks gradually diminished and finally ceased altogether.”

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1<sup>st</sup> reading for [561], the 16-year-old brother, was 5/28/1934. Cayce gave the cause of the seizures and mentioned the abdominal “cold spot”<sup>12</sup> that is often spoken about in readings for people with epilepsy.

“...in times back, or when the body was at that stage or age when - as it may be said - the first solid foods were given, or the more astringent foods; and there was during that period an illness that affected the body through the temperature and - through the properties given - the lacteal ducts; which has caused a stricture there that affects primarily the caecum and the area as in the ascending colon. And when there is the spasm to the head, or when the circulation between the liver and the heart is affected, if the hand is placed upon the caecum and the area about the lacteal ducts it will be found that there is a COLDNESS there - though the body may not be aware of same.” 561-1

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<sup>12</sup> See “References & Resources” for articles discussing the abdomen’s role in idiopathic epilepsy.

The reading predicted that the condition would worsen over time if nothing were done. Castor oil packs followed by an abdominal massage, small, frequent doses of olive oil by mouth, osteopathic adjustments (*though not at the same time as the packs*) and an easy-to-digest diet were recommended.

Caution regarding exercise, at this point, was also mentioned:

“...during the first portion of the treatment there should **not be a great deal of physical activity**, else we would strain or irritate the very lesions {in the lacteal ducts} we are attempting to break up! For strictures, we remember, are as places in the portion of the internal system that adhere or stick, so as to prevent normalcy.”  
561-1

And again, what everyone receiving a reading would hope to hear:

“Do these, and we will get rid of these troubles for [561] for we find they have been caused by the condition described.” 561-1

#### REPORTS OF READING 561-1 M 16

7/7/1934 Mother phoned to make an appointment for a check reading.

“The first series of treatments were completed today and as a consequence the spells have completely disappeared. She was highly elated and enthused. The osteopath pronounces the case 100% improved, after giving the last adjustment today.”

2<sup>nd</sup> reading for [561] was 7/9/1934, less than six weeks later. The reading reported, “Conditions are greatly improved”. **The lesions were gone but the tendency for them was still there.** Recommendations at this time were for infrequent castor oil packs (one every 4-6 weeks) followed by an osteopathic adjustment, and olive oil by mouth.

“Do that, and we will find we will not have a reoccurrence of the condition....” 561-2

#### REPORTS OF READING 561-2 M 16

9/15/1934 Mother phoned to say [561] was getting on fine, had had no more attacks; he had attended the summer camp without incident.

3<sup>rd</sup> reading for [561] was 9/26/1934. [561] was 16 years old and still growing. Though there were no further seizures and the reading said there had been great improvement, it still recommended continuing with the treatments given in the last reading.

The only note of caution was:

“...but be mindful that we keep the eliminations - and especially with any undue activity, or any undue excitement, we must relax these conditions in the caecum and in the lacteal duct area with the packs as indicated.” 561-3

One other treatment was added to [561]’s regimen. He was to take small amounts of a liquid consisting of lactated Pepsin, Sweet Spirits of Nitre, Glycerine and honey twice a week to help coordinations in the glandular and nervous systems.

#### REPORTS OF READING 561-3 M 16

12/7/1935 Mother's report in response to a questionnaire:

Date of the 1st reading? “May 28, 1934 [and 7/9/1934 and 9/26/1934].”

In your opinion did this analysis cover the condition? “Yes.”

Give symptoms of condition described correctly. “A sudden collapse similar to fainting - lasting only a minute or so. Followed by a feeling of nausea - and tightness in right side near appendix. Sometimes a headache.”

Have the suggestions for treatment been followed exactly as given? “Yes.”

For how long? “For exact period recommended in readings.”

Have improvements resulted? “Yes.”

To what extent? “At first the fainting spells were farther apart - then ceased. He went for about eight months, then had one fainting spell. The tightness in the right side left and never returned. He has been in splendid shape ever since.”

Comment: “We had tried all kinds of treatments - and gone to several doctors - but got no results until we followed the instructions given in the readings.”

In February 1939 Hugh Lynn Cayce prepared a paper entitled *A Series Of Case Studies Of Psychic Information On Epilepsy*, including a brief of Case [561].

“In 1942 young [561] received his appointment as **aviation cadet** and served in the U.S. Army for the duration of the war. Oct. 1944, a hero home from the wars, he got married.”

Hugh Lynn Cayce's notation in 1959:

“Case [561] has remained cured. He is today completely well and normal in every respect.”

Notes on epilepsy cases from the Edgar Cayce records made by Walter N. Pahnke, M.D., July 1960, at A.R.E., Virginia Beach, Virginia:

“The following notes ... are merely the opinion of the abstractor at the time he read the case plus the correspondence. .... Case #[561], Given in 1934. 16-year old male. The attacks were described by the mother as a sudden collapse similar to fainting and lasting only a minute. The patient had had such attacks for two years prior to the reading. Manipulative therapy was carried out by Dr. Ober, and {by} the description of the case, petit mal epilepsy seemed like a fairly certain diagnosis. After carrying out the suggestions given in the two readings, there was no further recurrence of the attacks. This case should be considered a cure.”

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## 5. Case [1916]:

A 17-year-old girl suffering from seizures since she was 4 years old. Her first reading was 7/23/1927. Cayce said the problem was caused by a fall at the age of 16 months. Pressures to the glands and pelvic organs from spinal subluxations at the lower portions of the dorsal and lumbar region had resulted in the seizures (“spasmodic conditions”).

Osteopathic treatments (*after first applying heat*) were to be started and very specific dietary recommendations were given. Ultraviolet treatments were then suggested, directed to the same area, *after* the completion of 13-16 osteopathic adjustments. In follow-up readings Miss [1916] was told to begin taking May Blossom Bitters and to taper off Luminal.

Over the course of two years, she received four health readings for epilepsy and then requested a life reading. At age 26 the seizures stopped without further treatment and never occurred again.

The series of readings that [1916] received is well worth reading. It points out the problems that are caused by implementing only part of the remedies or having them done incorrectly, i.e., the osteopathic adjustments.

“...look after the end of the coccyx! That isn't being raised properly, and a pressure is created. To give these properties (the May Blossom Bitters) and not relieve the pressure will be to bring on another spasm. Don't do that! Relieve these pressures, and - as it is RELIEVED, these properties will assist nature in BUILDING that necessary to HOLD this in place - see?” 1916-4

7/27/1960 Letter to [1916] from Walter N. Pahnke, M.D.:

“I need your help in carrying out a research project in which I am engaged.. One of the diseases I am studying is epilepsy. I would appreciate a brief follow-up report from you on the results you got from your own personal reading. I would like to know (1) if you thought the description in your reading fitted your case, (2) for how long and (3) to what extent you followed the treatment and (4) what results were obtained. Please be frank. If you thought the reading was inaccurate or if after an honest and careful trial you noted no improvement I would like to know this just as much as if

you had a complete cure. Most important of all, are you still suffering from convulsions in any form? Also, what has been the exact medical diagnosis of your condition by doctors? ....”

7/31/1960 [1916]’s letter to Dr. Walter N. Pahnke:

“I was delighted to know of your research on epilepsy. To try and answer your questions. At 17 yrs. of age when my first reading was taken, I was so very immature in my thinking along such lines that I did not give to them the significance I would give them now. ... So - I must say in defense of the treatment that I did not apply my mind to same as much as should have been. The months I stayed at Va. Beach (at hospital) did wonders for me. **Though my seizures were not stopped entirely, they were indeed lessened.**

I was well enough to go to Europe by 1930. .... The osteopath to whom I went, (after being at the Cayce Hospital) did follow instructions, I feel. I was under treatment there for 6 months or so at his clinic .... The seizures were lessened by these treatments but were not completely cured.

My physical condition must have been wonderful as I led a very active life through that period. I drove my car. I went everywhere a normal teenager wants to go. ... I did not drive at night - most of my seizures were at night when the body was quiescent.

When I was 26, I was on a porch in Florida - talking to my mother one night and had a seizure - a very long one, according to my mother. When I came to, sufficiently, I was in bed. We didn't discuss it next day. She asked if I remembered the seizure and I had not - it was my last.

I am now 50 - none since that time. I am very thankful to report that I WAS cured - **by prayer, faith - or the Cayce readings.** I can only say, all played a part and I shall always be grateful for being a part for a time of the Association for Research & Enlightenment. Sincerely, [1916].”

8/1960 Dr. Pahnke's notes on this case, in his breakdown of 96 cases of epilepsy from the Edgar Cayce records:

“The case was classified in group 1 with a probable diagnosis of grand mal epilepsy. The patient received treatment at the Cayce Hospital and while there several convulsions were noted on the record. Follow-up report in 1960 from the patient indicated that she had no more convulsions after 1934. Treatment was apparently followed. This case could be considered an apparent cure.”

1/25/1972 Husband's reply to ‘General Questionnaire and Personal Questionnaire’:

“Mrs. [1916] has been in poor health for several years and has been in a nursing home for nearly two years. I (her husband) have heard her speak many times of her contacts with Mr. Cayce and I have read the readings. I can answer fairly well the questions in Part Two, based on living with her for over thirty years.

According to what she told me, her contacts with Mr. Cayce were more for physical help than anything else. As a child she had a skull fracture which was operated on at Johns Hopkins Hospital, but, as she grew older, she had attacks of what were probably 'grand mal' epilepsy. It was for this condition that, hopefully, Mr. Cayce could advise about.

As far as I know, the attacks of epilepsy tapered off in her late twenties and in the more than thirty years of our marriage, she had none. However, the childhood head injury was a growing influence on her health and, even though I took her to Duke University Hospital several times, there was apparently nothing that could be done to arrest the gradual physical (and some mental) deterioration. She is now about eighty percent paralyzed, unable to write and has very great difficulty in talking.”

5/30/1973 Gladys Davis's note:

“Mrs. [1916]'s cousin today told me that [1916] died about a year ago.”

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## 6. Case [5232]:

A 25-year-old woman, married with a child. This was one of the simpler cases. Basically, osteopathic adjustments and Passion Flower fusion were recommended with a promise of improvement if the remedies were followed with an awakened spiritual attitude. *All* cases should be this easy to treat!

Many women with epilepsy will identify with mention made of seizures increasing at the beginning of their menstrual cycles.

## BACKGROUND OF READING 5232-1

5/23/1944 [5232]'s Letter:

“Dr. George has told you about my case of Grand Mal. I would be so grateful if you will give me a Physical reading... After reading of your work, I feel that there may be hope of a permanent recovery for me.”

5/23/1944 Dr. George's letter:

“This is Mrs. [5232] the young mother of whom I spoke to you by phone last week. It is she who is afflicted with Grand Mal and it is for her that I hope you will be able to give us a suggestion as to how we may help her to a permanent recovery.”

6/2/1944 [5232]'s Letter:

“...I will be at my home... I am reading *There Is A River*. ... I want to be well prepared for my reading. I have all of the faith in the world that I will be cured.”

6/8/1944 Excerpts from the one reading for [5232]:

“Yes, as we find, there has long been a lesion in the coccyx area of the cerebrospinal system. .... But if there are the spiritual attitudes and aptitudes, the breaking up of the lesion in the coccyx area and those tendencies for adhesions in the lacteal duct area, the relaxing in the upper cervical areas, these gradually worked together, osteopathically, these as we find can change the periods of these convulsions, lapses of memory, lapse of coordinations.

There will come 1 or 2 very severe periods with some of these changes. When these occur we would administer a heavy fusion of Passion Flower. [Directions were given to make the fusion correctly.<sup>13</sup>] When there are those close periods, and these will come just before the

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<sup>13</sup> “That would be the fruit, the leaves, the vine, a gallon by measure. Put this in a 2-gallon container and fill with (distilled) water. Reduce by slow boiling to a quart and a pint. Add sufficient grain alcohol to make a preserving of the solution; then this would be strained off, of course, or filtered off.” 5232-1 In another reading Cayce added, “Do not put this in tin or aluminum but rather in an enamel container, with an enamel or glass cover.” 3430-1 Tincture or Elixir of Wild Ginseng was added to some fusions. Dosage and frequency would vary depending on the person.

menstrual periods, for two or three days give a teaspoonful, night and morning, see?

And keep the breaking up of lesions until we establish the better coordination. This will produce better conditions for this body.” 5232-1

#### REPORTS OF READING 5232-1

7/2/1944 Dr. George's letter:

“Mrs. [5232] has been free of epileptic attacks thus far, but from the way you spoke we may expect 1 in the next 10 days. She will have someone with her at all times.”

9/26/1949 Dr. George's reply to questionnaire:

“Duration of treatment, 8 months. Result of treatment; cured. When last heard from, 1 year ago, she had been free of seizures for nearly 4 years, and had had another child in that time.”

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#### 7. Case [814]:

A 32-year-old man. Following the recommendations in his first two readings, he had no seizures for six years. When the seizures returned, he then had a third reading and a permanent cure.

#### BACKGROUND OF READING 814-1

10/13/1926 [814]’s Letter:

“I am writing to ask you if you can diagnose my case or can you tell me what should be done. I have had a peculiar ailment for the past year and a half which seems to baffle the two doctors I have had.”

1<sup>st</sup> reading, 11/23/1926 stated:

“...there are disturbances in the cervical, the upper dorsal, and the lumbar....This correction should be chiropractically or osteopathically

given, until the corrections are complete, which should take from thirteen to twenty-six (13 to 26) such adjustments, see?" 814-1

An herbal remedy was then given to help with eliminations but were **not to be taken until after all of the adjustments had been completed.**

Then on a hopeful note Cayce said:

"...but follow out these conditions as have been given, and we will bring the normal forces for this body, [814]." 814-1

BACKGROUND OF 814-2

11/8/1927 Wife's letter, *a year later*:

"We followed out your advice but as yet he has not improved. Do you think you could arrange another reading?" (And from another letter): "We tried very hard to get the prescription filled your father recommended, but no drug store seemed to know what some of the ingredients were, and we had it filled as closely as we could."

2<sup>nd</sup> reading was given 11/22/1927. It stated there had been a "vast improvement" but reiterated:

"...necessary that the sublaxations be in that corrected way, that there is perfect alignment and the full coordination from those centers where sublaxations have hindered the body, else we find - **with the overtaxing of digestion ...that there is recurrence of those conditions** bringing distraughtness to the body. Then, we would **have those sublaxations corrected fully**, that the body may function the more normally." 814-2

And again Cayce finished on a hopeful note:

"Do that. We will find that these will bring the normal forces of the body to this body here, [814]." 814-2

REPORTS OF READING 814-1,2

3/7/1934 Dr. W. Lee Kapple's letter (uncle of [814]):

"I feel it my duty to send you information relative to the case of Mr. [814] of this city who came to my office with your letter of suggestions that he might regain his lost health. I had formerly treated this patient, and had informed him there was nothing I could do for him, however he so urged

me to try again, and following your outline of treatment to the letter he received a permanent cure of the world's most dreaded ailment - epilepsy."

5/17/1934 Edgar Cayce's letter to another person with epilepsy:

"...just a few days ago we received a letter from a naturopathic doctor ... telling us how a nephew of his had been cured of epilepsy by following a reading given for him several years ago [See 814-1]. The doctors had pronounced him incurable, and the uncle himself had dismissed him - did not feel anything could be done; however, when the reading was brought to him he followed it - even with doubt as to what the results might be. **It was not long before the spasms discontinued entirely, and for six years now he has been rid of the trouble.**"

#### BACKGROUND OF READING 814-3

3<sup>rd</sup> reading was 2/5/1935. Seizures had apparently returned. He was 41 years old at the time. Recommendations *now* were for castor oil packs (not initially suggested), digestive aids, atomidine<sup>14</sup>, adjustments to the spine and dietary changes. An interesting connection is made between bad breath and epilepsy.

"While there have been great improvements in some directions, there have been the tendencies more recently for the reversion of some of those conditions that formerly disturbed the physical functioning. **This tendency for the poor digestion and poor assimilation, with the resultant effect of bad breath, should be the indication to the body that there have been and are those reversions** in the lacteal duct area as well as in the gall duct for a stoppage, which - reverting to former disturbances at times - prevents the normal reaction, or there is caused a discordant reaction in the cerebrospinal and the sympathetic nerve system; reverting at times to the spasmodic conditions or contraction in the nerve and muscular forces."  
814-3

#### REPORTS OF READING 814-3 M 41

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<sup>14</sup> This product was originally made from electrically treated iodine trichloride and other unknown ingredients. It was meant to purify and stimulate the glandular system. **Only minute amounts are to be taken under the supervision of a physician.** In an excellent and accurate psychic reading given to my daughter, she was told to take **only one drop per month.** Atomidine can be purchased from Baar Products. See "References & Resources." <http://edgar cayce.org/health/database/chdata/data/thatomi1.html>

9/13/1944 Gladys Davis's note:

“So far as we know, this case was entirely cured.”

4/23/1950 Dr. Edna Stone, N.D., worker on E.C.F. campaign for funds, reported that Mr. [814]'s wife expressed interest and desire to help.

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## 8. Case [1653]:

A 46-year old man who received one reading. After following the recommendations for six months the symptoms (brief lapses of consciousness) totally disappeared.

### BACKGROUND OF READING 1653-1

8/1/1938 [1653]'s letter:

“Several physicians have disagreed as to diagnosis of my physical condition. Have I any form of epilepsy attacks which might cause my condition?”

8/6/1938 Excerpts and summary of the only reading for [1653]:

“These in **their inception as we find began with the early teen age, when there was an injury** by attempting some feat, or with a fall. .... Hence we have periods of lapses, when there are the effects of incoordination between sympathetic and cerebrospinal systems by the pressure produced in the area about the lacteal ducts in the right portion of the body. .... These have not reached proportions as yet other than to become momentary, but gradually - with the increase in the pressures (unless these are removed) - will make for greater and greater disturbance in the nervous and muscular forces, and muscular contractions through the system, and bring greater and greater distress.” 1653-1

Cayce also stated the sedatives/bromides were causing a greater strain on his system. Castor oil packs with an abdominal massage and specific osteopathic adjustments were recommended.

## REPORTS OF READING 1653-1

8/12/1938 [1653]'s letter to EC:

“Your reading and then your letter has arrived, and I am so pleased with the reading I can not find words to express my feelings. I am going to take the liberty of using a little slang to express my point by saying - **“You hit the nail directly on the head.”** I recall something that happened when I was about fourteen years old. I was away at a summer camp in New Hampshire and there, was pushed off a little wooden foot bridge, and fell about six feet hitting my back on a large stone in the bed of a dried up brook. I was carried back to camp and was in bed for over a week with a terrible pain in my back. This pain gradually left and, childlike, I neglected to have anything done. So that was the beginning of my trouble.”

11/20/1938 [1653]’s Letter:

“It has been some time since I have made a report (so to speak) of my improvement. If you had met me before your reading and again now, I do not think you would have thought me the same person. I have gained weight and really have a good color, which I can never remember having before. ... I feel one hundred percent better.”

1/17/1964 Gladys Davis's note:

“Hugh Lynn Cayce who met Mr. [1653] subsequent to the reading was told that the attacks were simply brief lapses of consciousness which occurred infrequently. He had no more of them after the treatment was followed.”

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## 9. Case [2019]:

A 52-year old Catholic priest. Again, an abdominal cold spot was mentioned.

I personally found this reading most insightful pointing out a problem that can occur due to fasting, *no matter how well intentioned*. I feel it might have even contributed to my daughter developing epilepsy after she lost 70 pounds using periodic fasting as a means to her end.

### BACKGROUND OF READING 2019-1

9/26/1939 [2019]’s letter:

“For the past 25 years since my ordination to the priesthood in the Catholic Church, I have been engaged in the work of young missions. About 15 years ago, while at the altar, I suffered an attack that had all the appearances of Epilepsy. ... About every 3 to 4 years since that time I have had (at the altar in all cases but one) a similar attack. You can understand life under these circumstances is very trying. ... The attack is always preceded by a trembling of the hands and body, which I cannot control. Then follows a period of unconsciousness. Knowing of the amazing gift which is yours, I am asking you to diagnose and cure my case.”

10/6/1939 Excerpts and summary of reading for [2019]:

“...strain is brought on the physical forces of the body, - through the very necessity of the period of consecration. .... In times back, there were periods when **there was a depletion of the physical forces through the lack of supplying full nutriment to the system. This caused, in those areas about the lacteal and umbilical plexus, a form of lesion, - a tautness.** ... - about the umbilical and lacteal duct center. Here we would find, upon examination, a COLD spot.” 2019-1

Castor oil packs and osteopathic adjustments were recommended along with keeping a helpful attitude to others and maintaining

proper eliminations. Cayce stated that no more than six adjustments would probably be required to eradicate the problem if carried out correctly.

4/28/1941 [2019]'s letter to Hugh Lynn Cayce:

“Let me state that I am sure my cure is permanent. To say I am grateful to you is only half stating my feelings. I pray for you daily that God may extend your life into many years to be of service to mankind.

I did not write chiefly for 2 reasons. First, - I wished the element of time to prove my cure was permanent. Second, - I was engaged in war work that precluded many times the possibility of correspondence. ...Let me tell you I will never forget your kindness to me. May God bless you always.

In my opinion the analysis of the reading covered the condition. Attacks over a period of 9 years which seemed or looked like Epilepsy. They occurred about twice a year for the period stated in my letters, and had all the appearance of Epilepsy. I followed the suggestions in my reading just as outlined, for the period stated in the reading. **I have been completely cured, as far as I can judge, after the lapse of almost 2 years.** I wish to state my deep gratitude to Mr. Cayce.”

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## Summary

You may note differences in what triggered epilepsy and the type of epilepsy it caused in these people, but treatments are very similar for many of them. The remedies are directed at dissolving adhesions in the lacteal ducts with castor oil packs and correcting spinal lesions and subluxations through osteopathic adjustments. Diet and eliminations are also stressed to aid assimilation, minimize congestion and encourage the body to excrete waste products in order to allow healing to take place naturally.

Cayce clearly addressed this *and* the spiritual aspect of healing in one of his readings:

“But KNOW, as has been given, ALL HEALING must be and IS of a deeper source than just the administration of a drug, of the knife, manipulative forces or vibrations that may be created! For all such measures merely create that environment through which the active forces and principles of an active body may gather their forces and influences for the destruction of that which should be eliminated – the elimination of that which has been used or destroyed within the body.

Thus, as has ever been, all power, all force that is of a constructive nature, emanates from the spiritual influences. Hence the attitudes of the body, in its mental and in its spiritual way and manner, come to be a portion of the Whole.

And ever let THIS be rather the guide; that the Father as manifests in the Christ within each soul may make aware that knowledge, that wisdom, that understanding necessary for the better influence in the experience of the entity or body.

For these are the promises that have been given. And these may be studied the better by the body than those precepts of others, those that may be given as affirmations or even as tenets; the law of the Lord as may be found in the 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup> and 17<sup>th</sup> of John, in 12<sup>th</sup> of Romans. Apply them to thine own body! **KNOW that He, THY brother, SPEAKETH to THEE! In thine inner self!** And that thou may ask, thou may have – believing, if ye ask acting and keeping that which is wholly in HIS name!” 1158-3

Persistency and consistency are called for when using any of Cayce’s remedies but especially those for epilepsy and other neurological conditions. Healing may take place *in months*, as in Case [2473], *or years*, as in Case [814]. Here, after being free of seizures for an extended period of time there was an unexpected

reoccurrence showing the need for further persistency and consistency with treatments on his part.

For some people, such as in Case [2991] and [561], continuing with suggested treatments – though less frequently – was advised even though outwardly they *appeared* to be healed. In these instances, Cayce could recognize the tendency for seizures was still present and wanted to prevent a relapse.

Case [571], [561]’s younger sister, used the remedies starting at age 12 and continued through age 17 before her seizures completely disappeared. Changes taking place during puberty probably added to the necessity of changes in her regimen. However, it must have been helpful that her mother had *already* seen her son cured by working with Cayce’s suggestions.

Even after a complete healing, accidents can happen. For example, a person might unfortunately trigger seizures again after experiencing an injury. It’s good to know that *once more* remedies could be called upon to realign and balance the nervous system. If healing can take place once, it can take place as many times as necessary.

For those who truly wish to delve into this topic and explore Cayce’s perspective, the source to use for an extremely complete, detailed and in-depth statistical study is **The Research Bulletin On Epilepsy**<sup>15</sup>. It includes a breakdown of what Cayce gave as the major causes and treatments as well as 14 complete readings and a listing of all of the readings on epilepsy. In addition there are 6 **Circulating Files on Epilepsy**, which consist of individual readings only.

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<sup>15</sup> A.R.E. members can borrow Research Bulletins and Circulating Files, free of charge. Non-members can purchase them from “membership services.” See “References & Resources.”

Some might find the “protocol on epilepsy” available through HRRC<sup>16</sup> helpful in setting up a schedule of therapies. Just be aware that it is a “one-size-fits-all” program and *does not incorporate all possible treatments or individualize them*. It is something you need to do for yourself or loved one – and it *is* the ultimate challenge.

How does someone individualize the remedies? Working with an accurate and reliable psychic is one way as is trial and error, allowing enough time, of course, to see if results are forthcoming. Applied kinesiology, a form of muscle testing that many health care professionals have incorporated into their practices, is also a valuable tool.

However, accessing the healer within through dreams, prayer, meditation or just a “knowingness” is the ideal way to connect with your guidance, gaining insight into which of the treatments are necessary for you, how often and, if necessary, by whom.

Most of the Cayce remedies and supplies<sup>17</sup> are easily purchased or undertaken but implementing *all* of the appropriate ones, in this day and age, can be a challenge even when a person is highly motivated to do so.

In particular, the “old-fashioned” manual osteopathic adjustments<sup>18</sup> that were recommended so frequently in the Cayce readings are

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<sup>16</sup> Protocols need to be purchased directly from HRRC. The cost (\$44.95 + shipping) is the same for members or non-members. See “References & Resources.”

<sup>17</sup> Supplies can be purchased from Baar Products. They are the exclusive supplier of Edgar Cayce health products. They manufacture their own Passion Flower Fusion (with and without ginseng) and supply cold-pressed, hexane-free castor oil. You will need (eventually) a gallon of it plus wool flannel and a heating pad, preferably King size in both of the last items. Castor oil packs do not itch when used with sufficient oil and are very relaxing to use. Call 1-800-269-2502. See “References & Resources.”

<sup>18</sup> See “References and Resources” for information on obtaining a list of osteopaths in your area and further details on the concepts and practices of osteopathy.

hard to come by but well worth the effort. There is a significant difference between chiropractic and osteopathic adjustments.

Cayce stated:

“Then, the SCIENCE of osteopathy is not merely the punching in a certain segment or the cracking of the bones, but it is the keeping of a BALANCE - by the touch - between the sympathetic and the cerebrospinal system! THAT is real osteopathy!” 1158-24

In my daughter’s case, and *even after surgery for a brain tumor*, it wasn’t until CranioSacral Therapy<sup>19</sup> (a spin-off of osteopathic adjustments) was added to her regimen (which already consisted of castor oil packs to the abdomen, alternating Glyco-thymoline<sup>20</sup> and castor oil packs to the spine, abdominal and spinal massages, chiropractic and visceral manipulations, atomidine and the Cayce diet) that the seizures stopped<sup>21</sup>.

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## References & Resources

“Abdominal Brain’ Key to Many Illnesses, New Research Indicates,” by D.S. Taylor, Venture Inward, January/February 1997, pp.12-13  
<http://meridianinstitute.com/article1.htm>

“Abdominal Epilepsy,” Meridian Institute’s website:  
<http://www.meridianinstitute.com/abepilep.htm>

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<sup>19</sup> See “References and Resources.”

<sup>20</sup> Glyco-Thymoline is a mouthwash that Cayce occasionally recommended as a pack to the spine in cases of epilepsy. It is used on cotton – like an old white cotton towel, while castor oil packs are to be used with wool flannel. It’s also available through Baar Products. Call 1-800-269-2502.

<sup>21</sup> To contact the author, e-mail: [lindacaputi@yahoo.com](mailto:lindacaputi@yahoo.com)

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HRRC; Health and Rejuvenation Research Center, A division of the A.R.E. [HRRC@edgarcayce.org](mailto:HRRC@edgarcayce.org) (757) 496-6411

**Baar Products** P.O. Box 60, Downingtown, PA 19335

World Wide Official Supplier of Edgar Cayce Products

(610) 873-4591, (800) 269-2502. Website: [www.baar.com](http://www.baar.com)

*Case Profile on Seizures: Infantile* The A.R.E. Clinic Research Publication Series, 1983. Available in the reference section of the A.R.E. Library or it can be purchased from the A.R.E. Clinic (See below).

**Castor Oil**: Books on this topic by Dr. Wm. McGarey:

*Edgar Cayce and the Palma Christi*, Virginia Beach, VA: Edgar Cayce Foundation

*The Oil That Heals - A Physician's Successes with Castor Oil*, Virginia Beach, VA: A.R.E. Press.

**CranioSacral Therapy**:

The Upledger Institute, Inc. · E-mail: [upledger@upledger.com](mailto:upledger@upledger.com)

Main: (561) 622-4334 · UI HealthPlex: (561) 622-4706

11211 Prosperity Farms Road, Suite D-325 · Palm Beach Gardens, FL 33410

Article by Dr. John Upledger, founder of CranioSacral Therapy (CST):

<http://www.upledger.com/news/9509b.htm>

Case study of a child's recovery from seizures with the help of CST:

[http://www.upledger.com/therapies/cst\\_cases\\_lisa.htm](http://www.upledger.com/therapies/cst_cases_lisa.htm)

Early American Manual Therapy Website, a wealth of information:

<http://members.visi.net/~mcmillin>

**The Epilepsy Foundation of America:** <http://www.efa.org>

“Epilepsy: 'I Have A New Son'” Venture Inward, by W.A. McGarey, M.D., March/April 1992, p.12

<http://go.webring.yahoo.com/go?ring=theedgarcaycevir&id=9&go>

## Health Clinics using Edgar Cayce's Approach:

**A.R.E. Clinic**, 4018 N 40th St, Phoenix, AZ 85018

**Scottsdale Holistic Medical Group**, Gladys McGarey, M.D.,  
7350 E. Stetson Dr., #203, Scottsdale, AZ 85251, (480) 990-1528  
They are available only for consultations within a 200-mile radius.

**Lacteals:** Lymph vessels passing from the intestine to the mesenteric lymph glands. "... lacteal duct area, or the lower portion of the liver and gall duct area, and caecum." 4009-1 "What are the lacteal ducts? That portion that makes for the ability of the system to take from the food values and prepare same in the manner in which same may be used to revivify, revitalize, recharge the system itself." 1055-1

**Manual Therapy Concepts** located at the A.R.E. website covering osteopathic regulation, centers, drainage, coordination, and general/specific treatments:

<http://edgarcayce.org/health/database/chdata/data/research.html>

**Massage, Hydrotherapy & Healing Oils** by J. & S. Duggan, Virginia Beach, VA: Inner Vision Publishing Company, Chapter 4 "Four Cayce Patterns of Spinal Massage", pp. 67-93

### **Meridian Institute,**

1849 Old Donation Parkway, Suite 1, Virginia Beach, VA 23454  
(757) 496-6009, web site: <http://www.meridianinstitute.com>

*The Normal Diet* by Margaret Gammon, VA Bch, VA: A.R.E. Press

**Osteopaths:** In Virginia you can get a list of osteopaths from Virginia Osteopathic Medical Association (VOMA), (703) 893-7269. Take note of the % OMT (percentage of Osteopathic Manipulative Treatments) that is performed in their practice. Look for someone with an 80-100% OMT. For a national listing from the American Osteopathic Association see:

<http://www.aoa-net.org/AffiliatedOrgs/State.htm> or

### **The American Academy of Osteopathy**

3500 DePauw Boulevard, Suite 1080, Indianapolis, IN 46268-1136  
Telephone (317) 879-1881, can also send you a list that includes member

physicians in your state whose practices include the integration of osteopathic manipulative treatment in the health care management of their patients. To order, the Academy requires that you send a written request along with a self-addressed, stamped envelope and a \$5.00 check to cover administrative costs.

<http://www.academyofosteopathy.org/members.htm>

*Physician's Reference Notebook* by Dr. Wm. A. McGarey, Virginia Beach, VA: A.R.E. Press. An excellent overview of epilepsy can be found within this book, pp.132-147 (paperback).

Simplified overview of epilepsy is located on the Internet at: <http://edgarcayce.org/health/database/chdata/data/prepil3a.html>

*The Practice and Applied Therapeutics of Osteopathy* by Charles Hazzard, D.O. (1905):

<http://www.meridianinstitute.com/eamt/files/hazzard1/Haz1CH15.htm#EPILEPSY>

“A Traditional Osteopathic Approach to Abdominal Epilepsy”

<http://meridianinstitute.com/epilep2.htm>

**Remedies Cayce suggested**, such as diet, hydrotherapy, colonic irrigation, manual therapy, castor oil packs (please, do **not** heat the pack in a microwave oven as suggested here) along with helpful mental and spiritual concepts to work with such as ideals, prayer and meditation can be reviewed at:

<http://www.edgarcayce.org/health/database/chdata/data/therapy.html>

Edgar Cayce gave individualized readings for people with idiopathic epilepsy, suggesting at times, singularly or in combination, herbs, manual and/or hydrotherapy, packs and even, on occasion, surgery – whichever he knew, in his altered state of consciousness, was most appropriate.

They were given for one purpose...

**“For, all healing comes from the one source. And whether there is the application of foods, exercise, medicine, or even the knife, - it is to bring the consciousness of the forces within the body that aid in reproducing themselves, the awareness of creative or God forces.”**

**2696-1**